

# Understanding DISC: From ME to WE

FROM ME TO WE: COLLABORATION WITH OTHERS

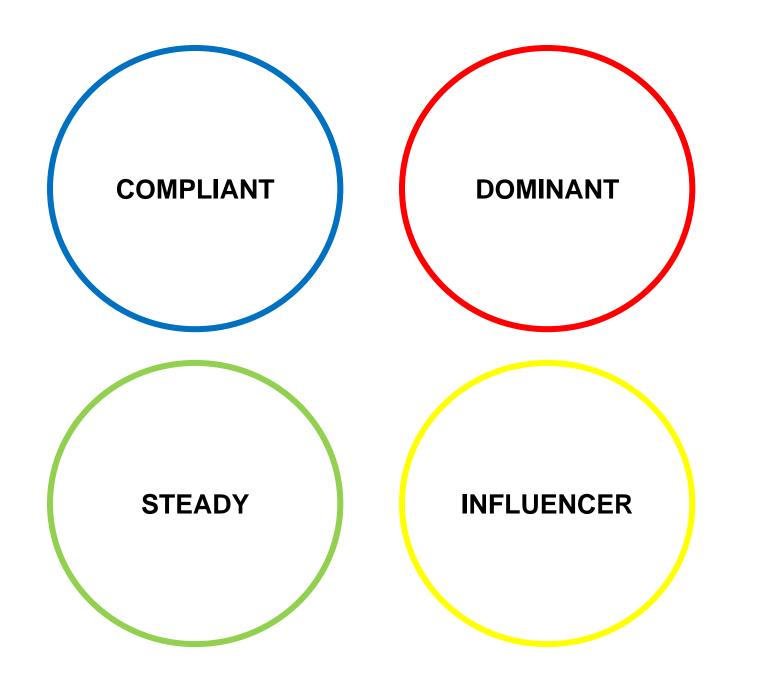
"A team is not a group of people who work together. It's a group of people who trust each other."

-Simon Sinek



# Our Focuses For Today

- Understand your personality style and the style of others
- Focus on results and a positive team environment
- Develop adaptability and flexibility in challenging situations
- Build collaborative teams



Four Dimensions of Behavior

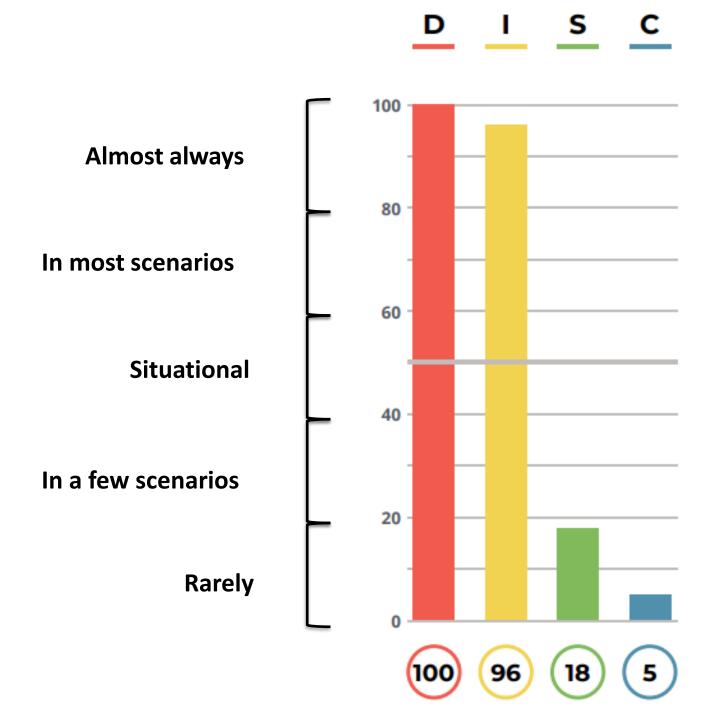


### The "How" of Communication

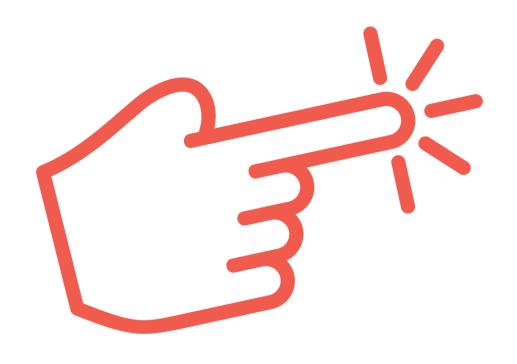




# How to Read



# **Driver (D) - Problems and Challenges - ABOVE**



# **Direct**

Assertive
Fast Acting – Take Charge
Task Oriented
Love a Challenge
Freedom from Control



# **Driver (D) - Problems and Challenges - BELOW**

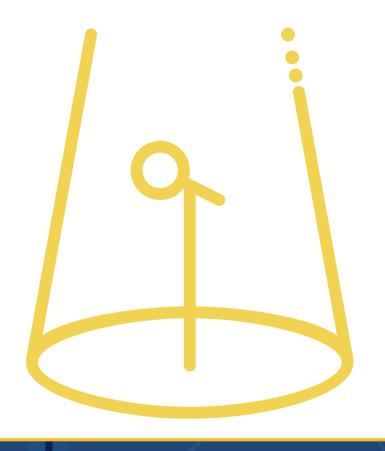


# Reflective

Calculating
Cautious and agreeable
Purposeful
Avoid conflict
Thoughtful



# Influence (I) – People and Contacts - ABOVE



# **Outgoing**

Optimistic and enthusiastic

**Good motivators** 

Outgoing and people oriented

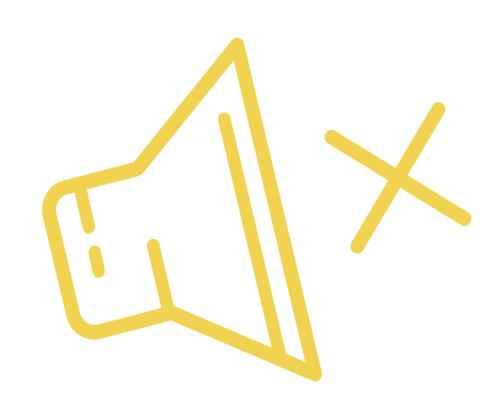
Persuasive

Have fun

Freedom from details



# Influence (I) - People and Contacts - BELOW



## Reserved

Reflective and restrained

Skeptical, matter of fact

Realistic

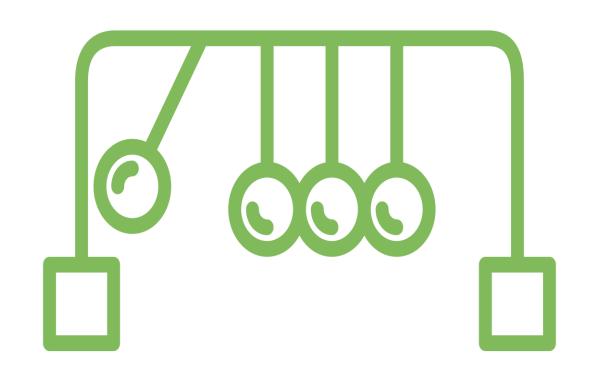
Soft Spoken

Prefer to work alone

Poised



# Steady (S) – Pace and Consistency - ABOVE



# **Steady**

Reliable and patient
Dependable
Friendly and good listener
Gets along with everyone
Like predictable work
Good team player



# **Steady (S) – Pace and Consistency - BELOW**



# **Dynamic**

Energetic and versatile Multi-tasker Likes Variety Enjoys a challenge Flexible and fast paced



# **Compliance (C) – Procedures and Constraints - ABOVE**

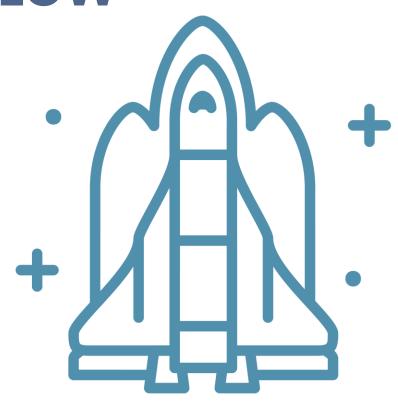


# **Precise**

Focused on Facts
Likes working with details
Organized – task oriented
Maintains high standards
By the Book



# **Compliance (C) – Procedures and Constraints - BELOW**



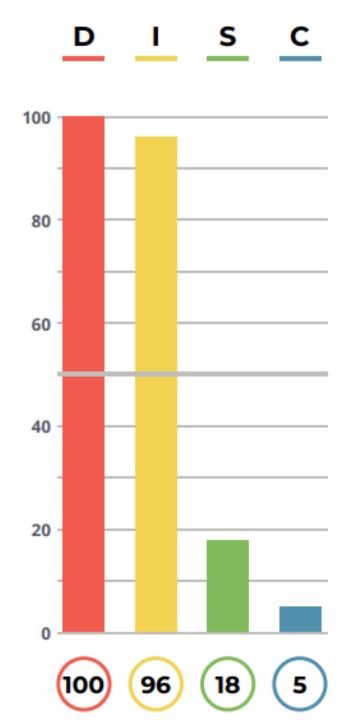
# **Pioneering**

Independent
Willing to bend rules
Freedom from constraints
Adventurous

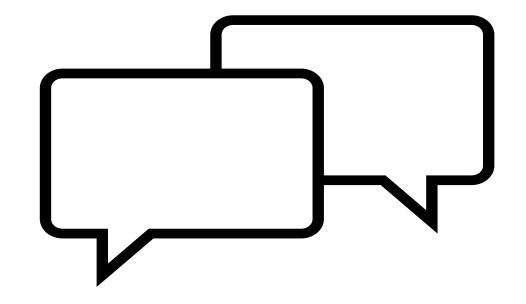


# What would you say about me?





# What do you think?



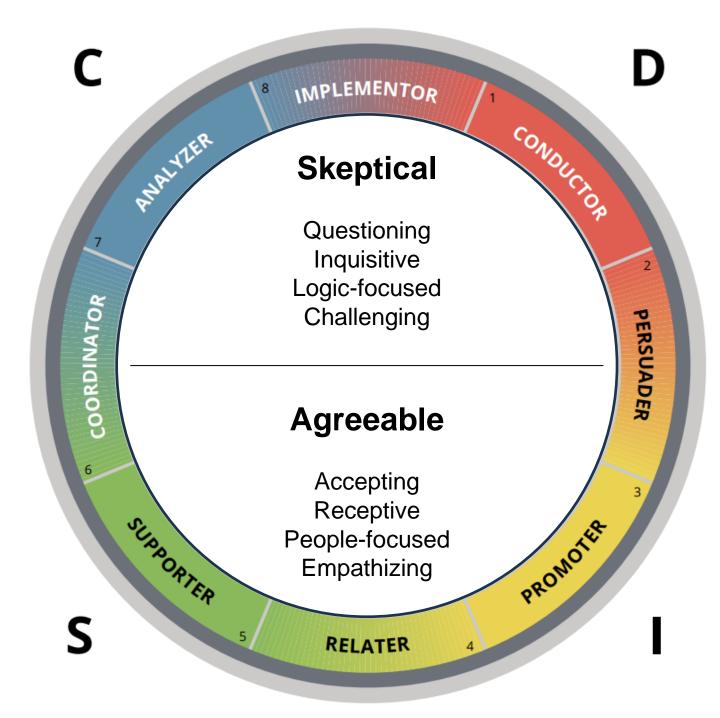
What strengths do you bring to a team?

What limitations do you have with others?



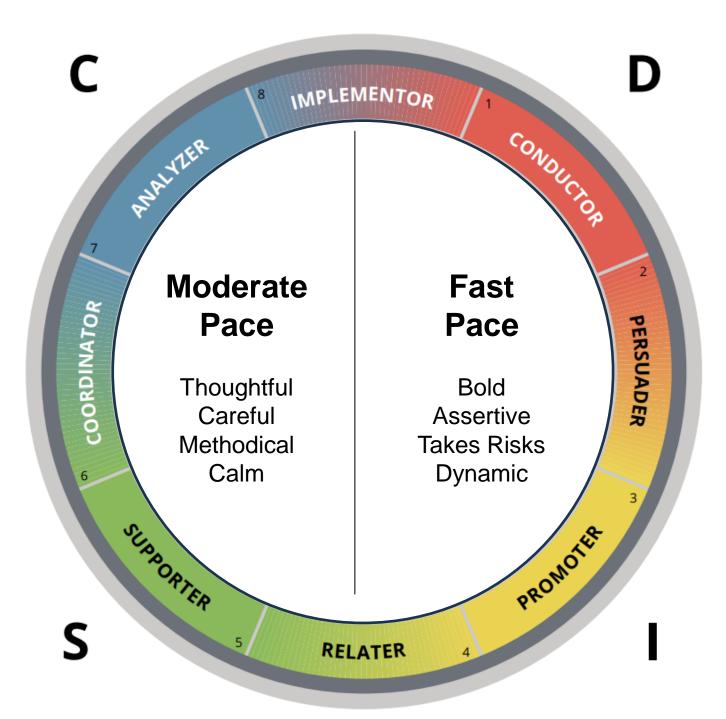
Does this person challenge what they hear, or are they more open to new ideas and possibilities?





Is this person more open to taking risks? Or would they prefer a solution with a more calculated/ methodical approach?





# OAR: Observe, Assess, Recognize

#### What they talk about

Family, hobbies, accomplishments, teams, name dropping, nothing at all, data, ideas

#### How they say it

Type of language used, descriptive, short and to the point, all over the place, long winded, with lots of questions, fast paced, casual

### **Body Language**

Animated, still, facial expressions, hand gestures, straight faced, open or closed positions

### **Tonality**

Loud, quiet, emotional, monotone, voice inflection, confidence, questioning



#### D-types ask the "what" questions

"What is the bottom line?" or "What is in it for me?"

### I-types ask the "who" questions

"Who is at the meeting?" or "Who else uses this?"

### S-types ask the "how" questions

"How are we going to do this?" or "How does this impact us?"

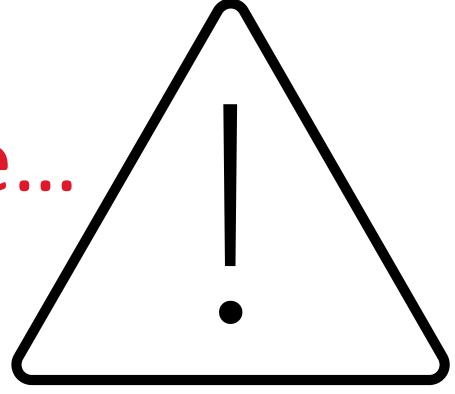
### C-types ask the "why" questions

"Why does it work this way?" or "Why is this step needed?"



### **Stress and DISC**

I am not trying to be...
I am just...







## Can You **DALE IT?**









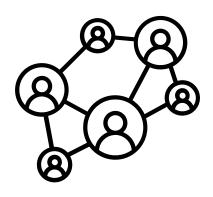




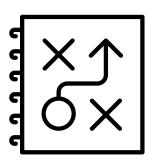




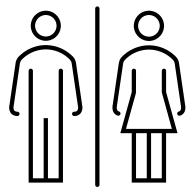




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Challenge yourself to apply what you learn at LEAD.



Continue to build yourself as a leader in your organization.





