

## **Neurodiversity in the Workplace**

Neurodiversity: Range of differences in individual brain function and behavioral traits

**Neurodivergent:** Being part of the neurodiverse community means having a brain that works differently from what is expected of a "normal" brain

**Neurotypical:** Refers to people who process information and have brains that function in a similar way to most of their peers

**Disability or Not a Disability:** Some neurodivergent folks see themselves as part of the disability community, while others do not. Every individual person defines their own identity. Some folks may not personally identify as a person with disability, but they may need to utilize disability resources. <u>Separating Neurodivergence from Disability</u>

Why is this important? <u>Neurodiversity in the Workplace: Why It Matters</u> What is Ableism, and What is Its Impact?

Spoon Theory: What Is "Spoon Theory"? And Why Is It Important?

Platinum Rule: Treat others how you THEY want to be treated. The Platinum Rule: A New Leadership Mindset

Job Accommodation Network: Explore accommodation options, Resources for supporting others, Additional training and resources for disability inclusion and accessibility <u>AskJAN.org</u> <u>Employer's Practical Guide to Reasonable Accommodation Under the ADA</u> Temporary or Trial Accommodations

Disability Inclusion Strategies: Building a Disability Inclusive Workplace

Neuro-Inclusion Strategies: <u>Strategies to Strengthen Neuroinclusive Innovation</u> Bridging the Communication Gap: Embracing Neurodivergent Communication

Accessible Virtual Environments: Embracing Inclusivity in Virtual Spaces

Book with Unstoppable Performance Leaders!

<u>Check Out all our Professional Development Workshops</u> Please contact Minki at <u>minki@theunstoppablegroup.com</u> to talk about options that would work best for your organization.

Without Integrity Nothing Works! © 2025 Unstoppable Performance Leaders. All Rights Reserved.

The information contained in this document and all attached documents is strictly confidential and contains proprietary information. The contents of this document are not to be disclosed or distributed to any other persons or entity except for whom this document is intended without prior permission of The Unstoppable Group Inc. and shall be used by the receiver only for the purpose explicitly stated by the sender.